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13 UNITED STATES DISTRICT COURT
14 NORTHERN DISTRICT OF CALIFORNIA
SAN FRANCISCO DIVISION

15 UNITED STATES OF AMERICA,

CASE NO. 3:24-cr-00329-CRB

16 Plaintiff,

[AMENDED]

17 v.

**DEFENDANT RUTHIA HE'S TRIAL
BRIEF RE: APPLICABLE LEGAL
STANDARD FOR 21 U.S.C. §§ 841(a), 846**

18 RUTHIA HE, A/K/A RUJIA HE, and
19 DAVID BRODY,

20 Defendants.
21

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In advance of expert testimony, Ms. He submits this supplemental trial brief on the applicable legal standard for 21 U.S.C. §§ 841(a), 846, Counts I-V.

The critical legal issue in this case is the applicable standard, and consequent jury instructions, for the alleged violations of the Controlled Substances Act (“CSA”) where, as here, the at-issue conduct involves prescriptions issued by licensed medical professionals. The Government concedes, as it must, that “[i]t is not enough for the United States to prove that a practitioner committed malpractice, intentional or otherwise.” Gov’t’s Revised Proposed Jury Instructions, ECF 380 at 60. Indeed, “an instruction is improper,” this Court has held, “if it allows a jury to convict a licensed practitioner”—and, by extension here, Ms. He under an aiding and abetting or conspiracy theory—“solely on a finding that he has committed malpractice, intentional or otherwise. Rather, the District Court must ensure that the benchmark for criminal liability is higher – the higher showing that the practitioner intentionally has distributed controlled substances for no legitimate medical purpose and outside the usual course of professional practice.” See Ex. A (Tr. at 4512:14-22, *United States v. Napoli*, No. 3:10-CR-642-CRB, ECF 1067 (N.D. Cal. Nov. 9, 2012) (Breyer, J.), aff’d *United States v. Carozza*, 608 F. App’x 532 (9th Cir. 2015) (quoting *United States v. Feingold*, 454 F.3d 1001, 1010 (9th Cir. 2006)). As this Court explained:

I'm concerned about it [the applicable language for the jury charge] because *you can't have a defendant, a doctor, convicted if he was careless, if he committed malpractice, intentional or not.* He said, look, I don't care what the rules of medicine are...I'm going to chop off this person's leg...that's malpractice.

But that's not what this case is about. What this case is about is essentially drug pushing...

Let me tell the Government something: If you haven't proven that, you don't deserve to win....

And so I'm of the opinion that if the jury returns a verdict of guilty in this case...*I want to make sure they use the proper standard.* I don't want there to be an argument down the line that, you know, they had a hard time trying to figure out and, gee, they wouldn't want to go to a doctor who – treating people this particular way and, boy, he was really careless and so forth and so on.

1 *Id.* at 4514: 7-15 & 18-19 – 4515: 5-12 (emphases added). The Court went on to instruct the jury,
 2 following the Ninth Circuit’s decision in *Feingold*, 454 F.3d at 1010, that: “It is not enough for the
 3 United States to prove that a practitioner committed malpractice, intentional or otherwise. Rather,
 4 the United states must prove that the physician used his prescription-writing powers *as a means to*
 5 *engage in illicit drug dealing and trafficking.*” *See* Ex. B (*Napoli* Jury Instructions, ECF 1056 at
 6 17) (emphasis added).

7 As set forth below, consistent with *Napoli*, the statutory text and case law make clear that
 8 the dividing line between “malpractice, intentional or otherwise” and the “higher” “benchmark for
 9 criminal liability” is proof of knowledge or intent to act as an illicit drug dealer instead of a medical
 10 professional.

11 Moreover, although proof of the higher benchmark for criminal liability requires, *at a*
 12 *minimum*, knowledge or intent to act “without a legitimate medical purpose” *and* “outside the usual
 13 course of professional practice,” as this Court found, *see* Ex. A (Tr. at 4512:18-22), and instructed
 14 the jury in *Napoli*, *see* Ex. B (ECF 1056 at 23 & 25), the modifiers “*legitimate* medical purpose”
 15 and “*usual* course of professional practice” are not found in the relevant provisions of the CSA
 16 and are instead supplied by a regulation, 21 C.F.R. § 1306.04(a), that does not govern here.
 17 Accordingly, the regulation’s modifiers—“*legitimate*” and “*usual*”—should not define the scope
 18 of criminal liability under the statute, particularly because they are evocative of a civil negligence
 19 standard (or less) that risks confusing the jury about the critical distinction between “malpractice,
 20 intentional or otherwise” and the higher benchmark for criminal liability. Instead, consistent with
 21 the CSA and the case law, the requisite proof should be knowledge or intent to act without a
 22 medical purpose and outside the course of professional practice, as at least one court instructed the
 23 jury on remand from the Supreme Court’s decision in *Ruan v. United States*, 597 U.S. 450 (2022).
 24 *See* Jury Instruction No. 20, *United States v. Kahn*, 17-cr-00029, ECF No. 1310 at 25–26 (D. Wyo.
 25 Dec. 15, 2023).

1 **A. The dividing line between criminal and non-criminal conduct is knowledge or intent**
 2 **to act as a drug dealer rather than a medical provider.**

3 As the Court is aware, the CSA makes it a crime to knowingly or intentionally distribute a
 4 controlled substance “except as authorized by this subchapter.” 21 U.S.C. § 841(a). A practitioner
 5 who is registered under the CSA is “authorized” to issue prescriptions for controlled substances
 6 “in the course of professional practice.” 21 U.S.C. §§ 802(21); *see also* §§ 822(b); 823(g)(1);
 7 829(c). A registered practitioner acts in the course of professional practice when she practices
 8 medicine—that is, when she “act[s] for a medical purpose—which means aiming to prevent, cure,
 9 or alleviate the symptoms of a disease or injury—and must believe that the treatment is a medically
 10 legitimate means of treating the relevant disease or injury.” *Ruan*, 597 U.S. at 479 (Alito, J.,
 11 concurring in the judgment).

12 In the context of the CSA, “authorization plays a ‘crucial’ role in separating innocent
 13 conduct—and, in the case of doctors, socially beneficial conduct—from wrongful conduct.” *Id.*
 14 at 459. The statute “bars doctors from using their prescription-writing powers as a means to engage
 15 in illicit drug dealing and trafficking as conventionally understood,” but it does not “regulate the
 16 practice of medicine [more] generally.” *Gonzalez v. Oregon*, 546 U.S. 243, 270 (2005). It is to
 17 that end that the Ninth Circuit—and this Court—have made clear that the CSA does not permit a
 18 jury to convict a medical professional “solely on a finding that he has committed malpractice,
 19 intentional or otherwise.” *Feingold*, 454 F.3d at 1010; *see also* Ex. A (*Napoli* Tr. at 4512:14-17).
 20 Rather, to convict a practitioner under § 841(a), the jury must “make a finding of intent not merely
 21 with respect to distribution, but also with respect to the *doctor’s intent to act as a pusher rather*
 22 *than a medical professional.*” *Feingold*, 454 F.3d at 1008 (emphasis added); *see also* *United States*
 23 *v. Rosenberg*, 515 F. 2d 190, 197 (9th Cir. 1975) (approving of jury instructions in a CSA case
 24 that “stressed” that “the jury had to look into [the defendant’s] mind to determine whether he
 25 prescribed the pills for *what he thought was a medical purpose* or whether he was passing out the
 26 pills to anyone who asked for them”) (emphasis added); *id.* at 193 (“Our examination of the
 27 legislative history convinces us that ... Congress was concerned with the diversion of drugs out of

1 legitimate channels of distribution...The legislative history expressly states that the Act ‘provides
 2 severe criminal penalties *for persons engaged in illicit . . . sale of controlled drugs* primarily for
 3 the profits to be derived therefrom.’ Since this is what Dr. Rosenberg did, the severe criminal
 4 penalties contained in section 841 were appropriately applied to him.”) (emphasis added).

5 The Supreme Court’s decision in *Ruan* likewise supports the key distinction between proof
 6 of intentional malpractice and the higher benchmark for criminal liability, although it addressed
 7 the different question of whether Section 841’s “knowingly or intentionally” *mens rea* applied to
 8 the statute’s “except as authorized” clause rather than the meaning of that clause. 597 U.S. at 454-
 9 55. In *Ruan*, the majority rejected the Government’s proposed standard which would have defined
 10 guilt based on whether a doctor attempted to conform his conduct to what “his fellow doctors
 11 would view as medical care.” *Id.* at 465 (emphasis omitted). Rather, as the concurrence
 12 articulated, “[f]or a practitioner to ‘practice medicine’”—and thus fall on the non-criminal side of
 13 the line—“he or she must act for a medical purpose – which means aiming to prevent, cure, or
 14 alleviate the symptoms of a disease or injury – and must believe that the treatment is a medically
 15 legitimate means of treating the relevant disease or injury.” *Id.* at 479 (Alito, J., concurring). “A
 16 doctor who makes negligent or even reckless mistakes in prescribing drugs is still ‘acting as a
 17 doctor’—he or she is simply acting as a *bad doctor*.” *Id.* By contrast, when a doctor “knowingly
 18 or purposefully issues a prescription to facilitate ‘addiction and recreational abuse,’” he does not
 19 “act[] as a physician” in any meaningful sense” and may be held criminally liable. *Id.* (quoting
 20 *Gonzalez*, 546 U.S. at 274).

21 Thus, the key distinction in a CSA prosecution involving a medical provider is whether the
 22 provider acted as a medical professional (even as a “*bad doctor*,” *Ruan*, 597 U.S. at 479 (Alito, J.,
 23 concurring)), or instead knowingly or intentionally acted as a drug pusher or trafficker. This Court
 24 underscored that key distinction in *Napoli* by instructing the jury there, consistent with Ninth
 25 Circuit precedent—and as Ms. He has requested that the Court instruct the jury here—that “[i]t is
 26 not enough for the United States to prove that a practitioner committed malpractice, intentional or
 27 otherwise. Rather, the United States must prove that the physician used his prescription-writing

1 powers as a means to engage in illicit drug dealing and trafficking.” See Ex. B (*Napoli* Jury
 2 Instructions at 17:16-19, ECF 1056); Gov’t’s Revised Proposed Jury Instructions, ECF 380 at 63
 3 & 65 (Ms. He’s proposed instructions based on *Napoli*).

4 **B. The regulation does not define the scope of criminal liability under the CSA.**

5 As explained above, a conviction under the CSA requires proof that a defendant knew that
 6 she was acting in an unauthorized manner, or intended to do so. Courts—including this Court and
 7 the Ninth Circuit—have given or approved jury instructions that rely on a regulation to define
 8 authorization. The regulation provides that “[a] prescription for a controlled substance to be
 9 effective must be issued for a *legitimate* medical purpose” by a licensed practitioner “acting in the
 10 *usual* course of his professional practice.” 21 C.F.R. § 1306.04(a) (2021) (emphasis added). But
 11 the italicized language does not appear in the relevant statutory text, and the Ninth Circuit has not
 12 specifically addressed whether the italicized language is appropriate.

13 The relevant statutory provisions do not contain the words “legitimate” or “usual.” The
 14 CSA does not use the words “medical purpose” with respect to Schedule II controlled substances,
 15 and in reference to Schedule V controlled substances, states that such drugs may not “be distributed
 16 or dispensed other than for a *medical purpose*” with no additional modifier regarding
 17 “legitim[acy].” 21 U.S.C. § 829(c); *accord Ruan*, 597 U.S. at 479 (Alito, J., concurring) (“For a
 18 practitioner to ‘practice medicine,’ he or she must act for a *medical purpose*—which means aiming
 19 to prevent, cure, or alleviate the symptoms of a disease or injury—and must believe that the
 20 treatment is a medically legitimate means of treating the relevant disease or injury.”). Similarly,
 21 a practitioner who is duly registered under the CSA is authorized to issue prescriptions for
 22 controlled substances “in the course of [his] *professional practice*”—not the “usual course of
 23 professional practice.” See 21 U.S.C. § 802(21) (defining “practitioner” as “a physician … or
 24 [someone] otherwise permitted, by the United States or the jurisdiction in which he practices or
 25 does research, to distribute, dispense, conduct research with respect to, administer, or use in
 26 teaching or chemical analysis, a controlled substance in the course of professional practice or
 27 research.”); *United States v. Moore*, 423 U.S. 122, 141 (1975) (describing 21 U.S.C. § 802(21),

1 there referenced as 21 U.S.C. § 802(20), as “defin[ing] the term ‘practitioner’ for purposes of the
 2 Act … [and] the type of registration contemplated by the Act” without reference to the regulation);
 3 *see also* 21 U.S.C. §§ 822(b), 823(g), 829(c).

4 Moreover, the regulation does not expressly refer to “authorization” for purposes of Section
 5 841. Nor could the regulation purport to define the scope of criminal liability under the CSA.
 6 “[T]he Supreme Court [has] made clear … that a criminal conviction for violating a regulation is
 7 permissible only if a statute explicitly provides that violation of that regulation is a crime.”
 8 *United States v. Alghazouli*, 517 F.3d 1179, 1184 (9th Cir. 2008). Section 841, however, refers
 9 only to the statute itself in describing authorization (“except as authorized by this
 10 subchapter…”)—it does not suggest that the scope of the criminal prohibition may be determined
 11 by regulation. And in fact, 21 U.S.C. § 821 only authorizes the Attorney General “to promulgate
 12 rules and regulations and to charge reasonable fees relating to the registration and control of the
 13 manufacture, distribution, and dispensing of controlled substances”—not to impose criminal
 14 penalties under § 841. For all of these reasons, a violation of § 1306.04 subjects a practitioner to
 15 the civil penalties in 21 U.S.C. § 842(a)(1), but it does not define the scope of the criminal
 16 prohibition in § 841. *See* 21 C.F.R. § 1306.01 (limiting the scope of Part 1306 to “[r]ules governing
 17 the issuance, filling and filing of prescriptions pursuant to section 309 of the Act (21 U.S.C. 829”);
 18 21 U.S.C. § 842(a)(1) (imposing its penalties on “any person … who is subject to the requirements
 19 of part C to distribute or dispense a controlled substance in violation of section 829”).

20 As such, § 1306.04’s modifiers—“legitimate” and “usual”—should not define the CSA’s
 21 authorization exception. While courts have used the terms “legitimate” and “usual” as a
 22 “‘reference to objective criteria’ that may serve as circumstantial evidence of a defendant’s
 23 subjective intent to act in an unauthorized manner,” those extra-statutory terms risk confusing the
 24 jury. *See United States v. Kahn*, 58 F.4th 1308, 1315-16 (10th Cir. 2023). There is a significant
 25 risk that the jury could interpret these modifiers in a manner evocative of the civil negligence
 26 standard of care—or an even less stringent standard—thereby allowing a conviction when a
 27

1 medical provider fails to cross the line from “malpractice, intentional or otherwise” to criminal
 2 drug trafficking.¹

3 On this basis, in *Kahn*, in the retrial on remand from *Ruan*, the court granted the physician
 4 defendant’s request that the terms “legitimate” and “usual” be omitted from the jury instructions
 5 in his CSA prosecution as both terms might be evocative of the civil medical care standard to a lay
 6 jury. *See* ECF 1203 at 21-22; Tr. Transcript, United States v. Kahn, 17-cr-00029-ABJ (D. Wyo.)
 7 filed as Appx. Vol. XXI, at 51:11–52:7, *United States v. Kahn*, 2:17-cr-29 (10th Cir.). Instead, the
 8 court required the jury to find in relevant part:

9 To be authorized under the law, a controlled substance prescription must be issued
 10 by an individual practitioner *acting in the course of professional practice*. For
 11 purposes of a registered practitioner, *to act in the course of professional practice*
means to practice medicine. For a practitioner to practice medicine, *he or she must*
 12 *act for a medical purpose*—which means aiming to prevent, cure, or alleviate the
 13 symptoms of a disease or injury—and must believe that the treatment is a medically
 legitimate means of treating the relevant disease or injury.

14 Conversely, a prescription *is not authorized when it is issued for a purpose foreign*
 15 *to medicine, such as facilitating addiction, recreational abuse, or unlawful*
distribution.

16 However, issuing an unauthorized prescription (that is, a prescription not issued for
 17 a medical purpose while acting in the course of professional practice) is not, by
 18 itself, a crime. A registered practitioner only violates Title 21, United States Code,
 19 Section 841(a)(1) if he or she knowingly or intentionally issues an unauthorized
 20 prescription and, at the time, knew the prescription was unauthorized or intended it
 21 to be unauthorized.

21¹ Not even civil malpractice cases require a doctor’s chosen course of conduct to be “legitimate”
 22 or “usual.” “The existing standard [for negligence] does not fault a medical professional for
 23 choosing among different methods that have been approved by the profession even if the choice
 later turns out to have been the wrong selection or not favored by other members of the profession.”
Feao v. Ponce, 696 F. Supp. 3d 887, 914 (C.D. Cal. 2023) (citing *Veasley v. United States*, 201 F.
 Supp. 3d 1200, 1200 (S.D. Cal. 2016)). Further, “the testimony of other physicians that they would
 24 have followed a different course of treatment than that followed by the defendant is not sufficient
 25 to establish malpractice.” *Harris v. United States*, No. 19-cv-00248-TUC-DCB, 2021 WL
 26 2334385, at *4 (D. Ariz. June 8, 2021).

1 *Id.* (emphases added).

2 Consistent with the CSA and the case law, the requisite proof should be knowledge or
 3 intent to act without a medical purpose and outside the course of professional practice, as *Kahn*
 4 instructed the jury, and Ms. He will submit revised proposed instructions in advance of the charge
 5 conference reflecting this modified request. Removing the modifiers “legitimate” and “usual,”
 6 together with a *Napoli*-based charge instructing the jury that “the United states must prove that the
 7 physician used his prescription-writing powers as a means to engage in illicit drug dealing and
 8 trafficking,” *see Ex. B* (ECF 1056 at 17), gives effect to the critical distinction between
 9 “malpractice, intentional or otherwise” and the higher benchmark for criminal liability. *See Ex. A*
 10 (*Napoli* Tr. at 4512:14-19).

11 **C. At a minimum, proof of intent to act without a legitimate medical purpose *and***
 12 ***outside the usual course of professional practice is required.***

13 If the Court instead hews to the plain language of the regulation—which includes these
 14 modifiers—at a minimum, proof of knowledge or intent that a medical professional acted without
 15 a legitimate medical purpose *and* outside the usual course of medical practice is required. *See*
 16 Gov’t’s Revised Proposed Jury Instructions, ECF 380 at 52-57; 62-67. The Government’s
 17 proposed disjunctive construction, *see id.* at 46-47 & 60, is not only contrary to Ninth Circuit
 18 precedent, but would render portions of Section’s 1306.04(a) language superfluous, undermining
 19 the critical distinction between “malpractice, intentional or otherwise” and the higher benchmark
 20 for criminal liability that the Government acknowledges applies here. *See Ex. A* (*Napoli* Tr. at
 21 4512:14-19).

22 The parties have disagreed as to whether the instructions should require the Government
 23 to prove knowledge or intent to issue a prescription *both* without a legitimate medical practice *and*
 24 outside the usual course of professional practice, or whether (as the Government contends) only
 25 one of those showings must be made. Ms. He incorporates here her prior arguments regarding
 26 why the conjunctive construction is correct and consistent with Ninth Circuit precedent, as well as
 27 this Court’s prior instructions. *See* Gov’t’s Revised Proposed Jury Instructions, ECF 380 at 54–

1 57; *see, e.g.*, *United States v. Diaz*, 876 F.3d 1194, 1196 (9th Cir. 2017); *Feingold*, 454 F.3d at
 2 1012; *United States v. Pham*, 120 F.4th 1368, 1371 (9th Cir. 2024); *see also Rosenberg*, 515 F. 2d
 3 at 197 (approving of jury instructions that not only “stressed” that “the jury had to look into [the
 4 defendant’s] mind to determine whether he prescribed the pills for what he thought was a medical
 5 purpose” but also “in no way indicated that the jury could find [the defendant] guilty if it found
 6 that he either acted not in the course of his professional practice or not for legitimate medical
 7 reasons”) (emphases added).

8 Conversely, the Government’s either/or construction would violate the canon that
 9 “enactments should not be construed to render their provisions mere surplusage.” *See, e.g.*, *Am.*
 10 *Vantage Cos. v. Table Mountain Rancheria*, 292 F.3d 1091, 1098 (9th Cir. 2002) (quoting *Dunn*
 11 *v. Commodity Futures Trading Comm’n*, 519 U.S. 465, 472 (1997)). Instead, courts should “give
 12 effect, if possible, to every clause and word of a statute.” *United States v. Allergan, Inc.*, 46 F.4th
 13 991, 999 (9th Cir. 2022). Here, given the plain language of the regulation, this means requiring
 14 the Government to prove knowledge or intent that that the medical professional acted without a
 15 medical purpose *and* outside the course of professional practice. Even the Government’s proposed
 16 instructions include both the phrase “for a legitimate medical purpose” and the phrase “in the usual
 17 course of professional practice,” and in one instance the conjunctive language Ms. He proposed.
 18 *See* Gov’t’s Revised Proposed Jury Instructions, ECF 380 at 43 (proposing to instruct the jury that
 19 there was an agreement to distribute controlled substances “not for a legitimate medical purpose
 20 in the usual course of professional practice”), *id.* at 59 (proposing to instruct the jury that
 21 “[u]nauthorized matter” means that the distribution of the controlled substance was outside of the
 22 usual course of professional practice *and* without a legitimate medical purpose”) (emphasis added).

23 The Government has argued that *Ruan* suggests that it need only make one of those
 24 showings. Gov’t’s Revised Proposed Jury Instructions, ECF 380 at 47–48. Not so. As noted,
 25 *Ruan* addressed the *mens rea* element; it did not specifically address the meaning of the “except
 26 as authorized” clause. *Ruan* nonetheless supports the conjunctive construction, because it explains
 27 that the regulation “defin[es] the scope of a doctor’s prescribing authority … [with] reference to

1 objective criteria such as ‘legitimate medical purpose’ and ‘usual course’ of ‘professional
 2 practice.’” *Ruan*, 597 U.S. at 467 (emphasis added). Moreover, in requiring a *higher mens rea*
 3 standard, the Court expressed concern with “the risk of ‘overdeterrence,’ i.e., punishing acceptable
 4 and beneficial conduct that lies close to, but on the permissible side of, the criminal line.” *Id.* at
 5 459. Requiring the Government to prove that a medical practitioner acted *both* without a medical
 6 purpose *and* outside the course of professional practice is important to “diminish” that risk. *Id.*

7 Both of those concepts go to the ultimate statutory question of whether there is the requisite
 8 proof of knowledge or intent that the distribution is unauthorized. The Government’s attempt to
 9 cleave those concepts from one another risks confusing the jury and lowers the burden of proof.

10
 11 Dated: November 3, 2025

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